

# Forever Arctic Sea

## Short Summary:

Forever Arctic Sea's blend of natural fish and calamari oil contains the essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function.

## Long Summary:

The human body cannot naturally make the omega-3 fatty acids which are commonly found in fish. Forever Arctic Sea's blend of natural fish and calamari oil contains the essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function. *N.B. Contains fish (salmon, anchovy and cod).*



CODE:

376

QUANTITY:

120 softgels

## Suggested Use:

Take two capsules three times daily with water. To be taken at meal times.

## Warning:

Keep out of reach of young children. Store tightly closed in a cool, dry place. Do not use if seal is broken or missing. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose.